**Logo

Description automatically generated with medium confidence**

**What is the study about and what does taking part involve?**

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| **1.** Eczema causes dry and itchy skin | **2.** Creams to moisturise the skin and treat inflammation help | **3.** But parents often wonder if symptoms may be caused by an undiagnosed food allergy |
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| **4.** We do not know if making dietary changes based on food allergy tests improves eczema control | **5.**This is why we need to do a “randomised controlled trial” | **6.** We are inviting children 3 months to 2 years old to take part |
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| **7.** Half will get standard care and the other will get food allergy tests and dietary advice | **8.** We will follow up everyone for 9 months | **9.** At the end of the study, by  comparing the two groups we will find out the answer |
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**Tell me more about taking part**

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| Nobody chooses which group your child gets put in – this is done by a computer | You will be asked to answer questionnaires every month | Your child may or may not benefit from having or not having the food allergy tests |
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| Your child can still see your doctor and any specialists as normal | The research team won’t share your personal details with anyone | If you change your mind, you can stop taking part at any time |
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**Tell me more about the food allergy tests and advice**

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| **SKIN PRICK TESTS** | **ORAL FOOD CHALLENGE** | **DIETARY ADVICE** |
| We will look for allergies by “pricking” samples of the study foods (milk, egg, wheat and soya) into your child’s skin | For a few children, the skin prick test results will be unclear, so they will eat the food as a hospital day case patient | Depending on what the tests show, you will be asked to include or exclude each food from your child’s diet |
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| The skin prick tests are safe, and a doctor will be available if there are any problems | If your child has a reaction to the food, this is the safest place for it to be found out | If you end up excluding any foods long term, you will be able to speak to a dietitian |
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